

# If You've Tried Without Success



Now You Can  
Quit Smoking  
Permanently !

## Cigarette Smoking

Unique to cigarette smoking are the chemicals in the paper used to keep cigarettes burning. Acetaldehyde in the smoke combines with dopamine and produces salsolinol, which fills and activates enkephalin sites, and the person senses an increased sense of well being. In addition, the person feels more calm. *One might say that every puff of a cigarette is a like a very small drink of alcohol.*

In general, when a person attempts to stop smoking, he or she experiences: (1) a loss of the energy , (2) an inability to concentrate and think abstractly, and (3) anxiety and a sense of incompleteness.

To put it simply, smoking energizes you, helps you concentrate and keeps you calm. When you try to quit without the Neher Program's added nutritional supplements – you have no energy, you can't think and you feel anxious.

In conclusion, changes in the balance of brain chemistry alter our thoughts, feelings and behaviors. People with well-balanced brain chemistry appear enviably assertive, confident, in control, concerned for others and able to think quickly, because all systems are in concert. They are able to take life as it presents itself and alter their thoughts and behaviors to feel comfortable. Nicotine and other drugs present a destabilizing influence to them. There is no need for external chemical input.

Please note that from all of the above, we may state:

**The Neher Quit Smoking Program works where all other known programs fail and need to be "fixed"**

For details about Dr. Neher's discovery,  
contact the friend who led you here.

↓ MORE ↓

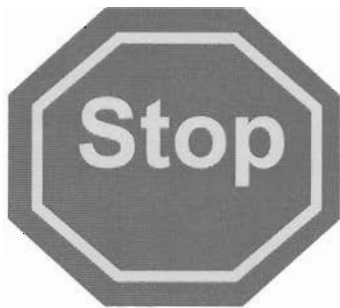
## Quit Smoking, Permanently

- **If you know anyone who has had lung cancer, or emphysema you know why you must stop.**
- **If you have tried one of the dozens of Stop Smoking devices, drugs, or *learn self control* programs, the chances are very good that you are still smoking.**
- **While most smokers found it basically impossible to quit because of the associated severe side effects, read on. You don't have to continue smoking until it is too late !**

### The Solution

Several years ago, while working on addictions treatment, scientists at NeuroGenesis, Inc. led by Dr. Terry Neher, learned that cigarette smoking is chemically related to the use of alcohol. This research ultimately lead to the conclusion that understanding the correct values of nutrition and incorporating certain building blocks for the effected brain chemistries, permitted easy withdrawal and then help for cigarette smokers in permanently stopping their use.

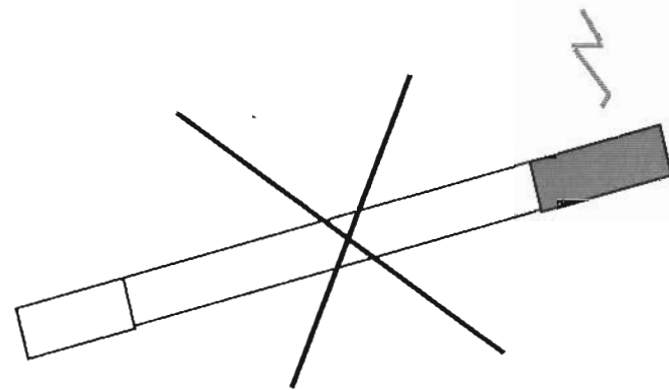
You



Can

## The Scientific Study

A study, was conducted with 108 persons testing the process. It provided ongoing information for up to two years for each smoker involved. Eleven of the subjects dropped out of the program before the study period was completed. Of the ninety-seven (97) who stayed in the program, fourteen (14) reported they had smoked one to four cigarettes during that period. All others **reported they had not smoked ANY cigarettes. All ninety-seven, who stayed in the program, report that they are still nonsmokers.**



## The Conclusion

The Neher “ Cease Smoking Program” has proven to be the most effective of all of those available. It is one of only a very few that addresses any of the factors which frequently cause the patient to return to his or her habit. It is the only one that addresses all such factors. For instance, most people who stop smoking, substitute excessive food for the cigarettes. Many times a stressful situation is the reason given for the need to light up. A social drink is felt to require an accompanying cigarette. This program offers specific nutritional supplementation to alleviate these and many other such “triggers.”